

PLANTED ROOTS



**NEW LIFE
CHRISTIAN CHURCH**
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*Plant your roots in Christ and let Him be the foundation
for your Life. Colossians 2:7*

JULY 2015

BUILDING AND GROUNDS



The landscape project is coming along. We had a great work day, and got so much done. Most of the plants are in the ground and looking good. And did you see the grass coming up? God has provided wonderful rains at just the right time. By the time you read this, we should have a good start on the mulching to finish it all off. I really appreciate all the help that you have poured into making this vision a reality. I'm going to get a sign-up sheet out for helpers to water and weed. If we all pitch in a little, we can keep this looking great.



Looking ahead, we hope to have the fire ring done for the 4th. We want to cut down the tire rim that we have to make it a little lower, then put some blocks around it to make it more attractive. If you have a cutting torch and you'd be willing to do that, please let me know right away, I'm also visualizing a cool serving table that we could leave set up by the shed for our fires and picnics.

There are a couple paintings and fixing projects that we need to tend to this summer.



If you look around and see things that need to be done, and have a heart to make things better, please don't be shy. That's our God telling you to come on board and help. This committee really needs some more committed individuals who want to make a difference.

Once again, thanks very much to all who have helped so much this spring.

More pictures on page 3.



SIGNS OF A STROKE

A stroke occurs when blood flow is blocked in the brain. It could be caused by high blood pressure or for several other reasons. Stroke is a leading cause of death in the U.S. and it can also result in permanent disability. People sometimes have a stroke for hours or even days before it is discovered.

It is important to know the signs of a stroke: Seizures, headache, drooling, vision or speech problems, confusion, paralysis, and difficulty in breathing or swallowing are all common signs. One pupil may become larger than the other and the person may lose consciousness.

You could use some simple tests to help determine if a person is having a stroke:

1. Have the person smile.
2. Have the person speak a simple sentence.
3. Have the person raise his/her arms.
4. Have the person stick out his/her tongue. If the tongue appears crooked (it goes to one side), it could be a sign of a stroke.

If the person has difficulty with any of these tasks, he or she may be having a stroke. Here are some steps to follow.

First of all: Remain calm. You won't do your loved one any good if you panic.

Second: Call for help. Yell loudly or use a phone if there is one handy. Call 911 or have someone else call 911.

Third: Stay with the person. Be reassuring. Make sure he/she is seated or is lying down comfortably. If he/she is lying down but conscious, try to raise the head and shoulders slightly so he/she is comfortable.

Fourth: If person loses consciousness, help him/her to the floor: Stand behind the person and gently guide him/her down one of your legs. Lay the person on his/her back and tilt his/her head back to make sure the airway is open. Stretch the person's legs out so he/she is comfortable.

Fifth: If you know CPR, use it if necessary. If you don't know CPR, do not attempt it. You could do the person more harm than good.

Sixth: Cover the person so his/her body temperature remains normal.

Seventh: If the person has any paralyzed limbs, protect them. Prop them with pillows or blankets.

Eighth: Do not give the person any food or drink, to prevent choking. If there is a chance he/she may choke, roll him/her to one side.

By following these steps, you will go a long way to helping a stroke victim survive. Keep this list nearby and review them regularly. You just may save a life.

Stroke can change your life, but it can also take your life. Please consider taking part in the upcoming, potentially life-saving screenings on 8/18/2015. **By signing up for this health event, not only will you be able to receive \$10 off any package of \$149 or more, but New Life Christian Church will also receive a \$10 donation for every member who signs up and attends this Life Line Screening event.** The Stroke, Vascular & Heart Rhythm Package includes four screenings: carotid artery, abdominal aortic aneurysm, peripheral arterial disease and atrial fibrillation. To schedule your appointment and to receive this special offer, please sign up *only* by either calling the dedicated Helping Hands phone number, which is 1-800-324-9458 or by visiting www.helpinghandsforhealth.com. Join in the fight against vascular disease!



MOOLA MONEY

Carol, took the Kwik Trip milk caps and labels to Kwik Trip and we made \$114. A big thanks to all who dropped them off.



KWIK TRIP MOOLA CAP AND BAG TOPS

Please continue to bring in your Kwik Trip milk and juice caps or labels to the church. We ask that you clean them before dropping them off. Awana get the proceeds from all that we turn in. Any questions contact Carol.

Thank you!

THANK YOU

Dear NLCC, Thank you for thinking of me on my graduation day! The gift of the gift card will help pay for traveling back to see everyone back in Viroqua! Next fall I will be attending U. W. Green Bay for Business Administration.

Thank you!
Love Garriet

MEET DANIEL

For two weeks in June, Daniel had cleaned and mowed around our church as a job assessment through Riverfront. He worked Monday through Friday during his two weeks with his job coach, Cristal.

I'm happy to inform you that Daniel will be coming back to do three months of internship starting July 1—September 30 working Monday through Friday. He will not only clean, but help with mowing and watering the plants as well.

This fine man will have a job coach to help guide him as needed in a work place setting. By gaining work experience Daniel will be preparing himself to find a job later on.

The New Life Christian Church welcomes you!

CHILDREN'S SUNDAY SCHOOL

In just a couple a weeks the Sunday School class will be finishing "The Story" series.

The next series will be about, "Super Hero's of the New and Old Testament."



LOOKING AHEAD.....

Family Camp at CHYC

July 1 - 5

Campfire

Friday, July 10 @ 7:00 p.m.

CHYC for Grades 7,8,9

July 19 - 25

Women of the Word Connect Group

~ Susan Roberts

Friday, July 24 @ 6:30 p.m. - 8:00 p.m.

Iron Man Connect Group

~ Paul Roberts

Saturday, July 25 @ 8:00 a.m. - 9:00 a.m.

CHYC for Grades 2 & 3

July 26 - 29

CHYC for Grades Kindergarten & 1

July 29

CHYC Ladies Retreat

July 31 - August 2

REACH MINISTRY

We had a very busy month.

There were two campfires with the first one on Friday, June 12 and second one on Friday, June 19. On Saturday, June 13 we had our second Spring Outreach Event by handing out ice cream cones. Sunday, June 21 the women prepared the Father's Day lunch.

Others are welcome to join the Reach Ministry as well. We meet the second Monday each month at 6:30 p.m. However, this month we will meet the first week, July 6.



New Life Vision Statement

Our vision ... is to become a community of believers who **look like Christ**, seeking to **change lives** within the church, across the street and around the world.



New Life Christian Church

KWIK TRIP SCRIP CARD PROJECT UPDATE

We have purchased over \$21,500 in cards, which means that Kwik Trip has donated over \$2,150 to our church. These cards are easy to use at the pump or in the store for food. Please support this effort.



FOURTH OF JULY CELEBRATION

Saturday, July 4 - 7:00p.m.

at New Life. Come and join us for an evening of fun.

Campfire - S` more's - Beverages

Popcorn - Children's games

And take in the Viroqua fireworks!

Everyone is welcome! Please bring your lawn chairs.

CLOTHES COLLECTION FOR BACK-TO-SCHOOL CLOTHES CLOSET

In August we will hold our annual Back-to-School Clothes Closet give-away. We are asking those who would like to donate their fall and winter clothing for this event please drop them off at the church. Questions contact Pauline.

Sunday Services/ Activities

Adult Discipleship 9:00 a.m.

Children's Sunday School 9:00 a.m.

▪Children ages 3 - 6

▪Children ages 6 - 10

Morning Worship 10:00 a.m.

Thursday

Focus On Prayer 6:30p.m.

Youth Opportunities

Youth Group // Jr. & Sr. High Students

TBA Date and Time

Sunday School // Age 3 - Grade 6